

Department of Recreational Sports | Intramural Sports

1v1 Basketball Information Sheet

Rules of the Game

1. Players and Substitutes
 - a. The game is a half-court game played between two players.
 - b. Substitutes are not allowed.
2. The Game
 - a. The winner is determined by the best 2 out of 3 games.
 - i. The first player to reach 11 points is the winner of the game.
 - ii. All games are self-officiated.
 - b. The winner of a coin toss takes possession of the ball to begin the 1st game. The loser from game one takes possession to begin the 2nd game. If necessary, a coin toss determines possession for the 3rd game.
3. Scoring and the Check-Line
 - a. Score is kept by the players.
 - i. The score should be announced by the player in possession of the ball after every made basket.
 - b. All successful baskets are worth 2 or 3 points.
 - i. 2 points are awarded for a field goal made inside the 3-point line.
 - ii. 3 points are awarded for a field goal made from outside the 3-point line.
 - iii. There are no free throws.
 - c. Possession of the ball changes after each successful basket.
 - d. The "check-line" is anywhere outside the three-point line. One foot completely outside the check-line with possession of the ball constitutes a legal check.
 - i. After a defensive rebound (whether or not the ball hits the rim) or a defensive steal, the player in possession of the ball must step behind the check-line before attempting to score.
 - e. **The ball must be checked with the opposing player** to start each game, after a score, and after a foul.
 - f. Any held ball is awarded to the player who is losing at the time. If the score is tied, the held ball is awarded to the offense.
4. Fouls
 - a. All games are self-officiated. Fouls may be called by either player.
 - i. Disagreements should be settled by the offended player shooting an unguarded free throw shot. If the shot is successful, the offended player is awarded possession of the ball. If the shot is unsuccessful, the opposing player is awarded possession of the ball.
 - b. An individual cannot foul out of a game.
 - c. Any common foul results in a loss of possession for the offending player.
 - d. Any offensive foul results in a loss of possession; if applicable, any successful try is also canceled.
 - e. If a player is fouled in the act of shooting and a goal is scored, the foul is disregarded. In this scenario, there is still a change in possession after the score.
 - f. If a player is fouled in the act of shooting and a goal is not scored, the foul is administered. In this scenario, the offensive player retains possession.

****Rules not outlined in this sheet will follow the National Federation of State High School Association (NFHS) Rules****