Spring 2021 Intramural Sports COVID-19 Programming Response and Guidelines

The intramural sports program is committed to serving the Virginia Tech community in a safe and healthy way. This document outlines our updated practices and policies in response to the global COVID-19 pandemic. More information about our other Rec Sports modifications can be found on the Rec Sports website (recsports.vt.edu).

Assumption of Risk

Please be aware that with an increased interaction of people, there may be an increased risk of exposure to COVID-19 and other infectious diseases. By choosing to use our facilities and participate in intramural activities, you acknowledge and assume this risk. Additionally, all intramural participants are expected to adhere to all safety guidelines and practices.

Programming Changes

With guidance from the NFHS, VHSL, and NCAA, we plan to offer activities that allow for physical distancing between participants, face covering guidelines, and carefully managed participant numbers. This spring, we will offer self-report singles leagues, special event activities, small team sports, and virtual events. See our activity page online for registration and activity dates.

Participation Guidelines

- **Membership**: For this year, we will only offer one intramural membership. The membership costs \$10 and allows you to participate in any team sport or singles/doubles activity throughout the entire spring semester.
- **Registration**: All activity registration will be completed through <u>IMLeagues</u>
- Activity Sites: When you arrive at one of our sites, you can expect a carefully planned and marked entrance to reduce bottlenecking. We will direct the flow of traffic by designating certain doors/gates for entrance or exit. Upon entrance for any building, you will be expected to show your Hokie Ready app. You will also be able to check your temperature using a self-check station.
- Activity Check-In: We will provide markers to indicate where participants can stand while checking-in for each activity. Please pay special attention to signage when you arrive on site. Additionally, you will be expected to display to an Intramural staff member your 1) Hokie Passport or appropriate ID and 2) your Hokie Ready app (available for Android and Apple devices). We will utilize a "touchless" check-in process so you can stand at a distance while checking-in and will not need to hand your ID or phone to any other person during the process.
- **Personal Protective Equipment**: All participants are expected to wear a face covering while participating in all intramural activities. We recognize and support the use of face coverings because of their importance in reducing the spread of COVID-19.
 - Face coverings may be reusable or homemade cloth masks, dust masks, or surgical masks. Coverings that fit close to the face with no loose edges are the safest choice. Homemade and cloth face coverings should have several layers of fabric for added filtration.

- Activity Equipment: For all activities (unless otherwise noted), participants are encouraged to bring their own equipment. This will reduce the number of items that are shared by more than one user. If you do not have the equipment needed to participate, the Intramural Sports Staff will provide sanitized equipment for use.
- **Restrooms**: Restrooms will be open and available near all playing sites; we encourage all staff and participants to frequently wash hands using the guidelines outlined by <u>Virginia Tech Environmental Health and Safety</u>.

Staffing Guidelines

- **Pre-Shift Screening**: Prior to working a shift, all intramural employees will be expected to complete a pre-shift screening for COVID-19 symptoms and verify their ability to work via the Hokie Ready app.
- **Personal Protective Equipment**: While on-site, all intramural employees will wear a face covering for the protection of our participants and staff. We recognize and support the use of face coverings because of their importance in reducing the spread of COVID-19.
- **Personal Hygiene and Equipment Sanitation**: Prior to working any shift, all intramural employees will be expected to wash hands. At any point afterwards, employees will be expected to wash their hands if they sneeze, cough, or touch their face. Any equipment that will be shared between participants will be sanitized between uses. The Intramural Sports Staff will oversee the use of all equipment and sanitation procedures.